

2011 STUDENT ATHLETIC ECHO SCREENINGS

DATES AND TIMES

Tues. March 22
Tues. June 21st

Wed. July 20th
Tues. Aug 2nd

5:30 PM – 7:15 PM

PLEASE CALL 338-CARE (2273) TO REGISTER!

LOCATION:

The Care Group, a member of St.Vincent Medical Group, 10590 N. Meridian St. 3rd Floor, Indianapolis, IN 46290, located on The St.Vincent Heart Center of Indiana Campus. From 1-465 and US 31 (Meridian St.) travel to 106th St. stop light. Turn west (left) onto 106th St. Turn south (left) at Illinois St. and turn east (left) into The Care Group parking lot. Enter the Medical Office Building (10590) and take the elevator to the 3rd floor.

REGISTRATION

1. **Your student must register for the screening by calling 338-CARE (2273).**
2. **Your student's name, address, date of birth and the school your student will be attending in the fall of 2011 will be required when calling to schedule.**
3. Registration confirmation and consent form will be mailed to the student's parent/guardian. Students under 18 years old need their parents to sign the consent form.
4. Minimum age: students going into 6th grade in the fall, 2011.

PAYMENT

1. Payment of \$20 is due at time of screening. Sorry we cannot accept credit cards. Bring cash or a check (payable to St.Vincent Medical Group) to the screening.

SCREENING INFORMATION

1. We will have several teams of echocardiography technicians available to perform the echocardiography screening. The results will be read and reviewed by our cardiologist, Bruce Waller, MD FACC within 7 – 10 working days after the screening.
2. The screening echocardiogram is to help identify several leading causes of congenital (i.e., from birth), cardiovascular conditions placing athletes at risk for sudden collapse and/or death. The screening echocardiogram is obtained using a 2-dimensional ultrasound machine.
3. Four leading causes of cardiovascular compromise (including sudden death) in young athletes will be sought: **hypertrophic cardiomyopathy** (also known as IHSS, HC HOCM), **Marfan's aorta, mitral valve prolapse and aortic valve stenosis.**
4. While the screening echocardiogram is very helpful in identifying these conditions it is by no means perfect and **DOES NOT REPRESENT THE FULL 2-D echocardiographic/doppler examination.**
5. As the focus of this screening echocardiogram examination is on the above four conditions, other cardiac abnormalities may not be detected or may be missed. Furthermore, obtaining the **screening 2-D** echo at this time **does not preclude** development of other cardiovascular problems in the future.
6. The screening echocardiogram is non-invasive.
7. Female students should not wear sport bras, but may wear bras that are low cut. Gowns will be available for female students.
8. **Bring/send the signed consent form to the screening with your student.**

RESULTS

1. Results will be mailed to the parent/guardian within 10 – 14 working days after the screening.
2. The **parent** will receive a letter with the screening results which will be either **normal** or **abnormal**. In the event of abnormal results, parents should follow up with their students' primary care physician who has the complete history of their child.



The Best Outcomes in Cardiology

a member of



For questions, call 317-338-6080 or mfougero@thecaregroup.com